

## *CURRICULUM VITAE*

**JOHN ROGER WATERMAN M.D. F.A.C.P.**

### **Department of Primary Appointment:**

Department of Medicine  
University of Connecticut School of Medicine

### **Academic Appointments:**

2017 - present Associate Professor of Medicine (VAMC), University of Connecticut School of Medicine, Department of Medicine, Division of Rheumatic Diseases, Farmington , CT.

2000 -2017 Assistant Professor of Medicine (VAMC), University of Connecticut School of Medicine, Department of Medicine, Division of Rheumatic Diseases, Farmington , CT.

1993-2000 Assistant Professor of Medicine, Division of Rheumatology, University of Connecticut School of Medicine, Farmington, CT.

1991 - 1993 Assistant Professor of Medicine, Tufts University School of Medicine, Boston, MA. Baystate Medical Center, Springfield, MA.

1982-1991 Assistant Professor of Medicine, Uniformed Services University of the Health Sciences, Bethesda, MD.

### **Professional Experience:**

2015-present Director, Rheumatology Clinic, Newington Campus, VA Connecticut Healthcare System, Newington, CT.

2000- present Site Director UConn Rheumatology Fellowship Training Program VA Connecticut Healthcare System, Newington ,CT.

2000- 2007 Chief Primary Care and 2000-2015 Attending Rheumatologist, Newington Camp VA Connecticut Healthcare System, Newington, CT .

1993-2000 Associate Rheumatology Program Director, Rheumatology Fellowship Training Program, Division of Rheumatology, University of Connecticut, School of Medicine, Farmington, CT.

1991-1993 Private practice in rheumatology, Arthritis Treatment Center, Springfield, MA.

1987 -1991 Director, Flight Medicine Clinic, The Pentagon, Washington, D.C.

1985-1987 Director of Hospital Services (Chief of Staff), USAF Medical Center, Keesler AFB, Biloxi, MS.

1982 -1985 Chairman, Department of Medicine, Malcolm Grow USAF Medical Center, Andrews AFB, MD.

1980 -1982 Chief, Internal Medicine Service, USAF Hospital Wiesbaden, Germany

1979-1980 Chief, Rheumatology Service, USAF Medical Center, Keesler AFB, MS.

1978-1979 Staff Rheumatologist, USAF Medical Center, Keesler, AFB, Biloxi, MS.

1975-1976 Chief, Internal Medicine Service, USAF Hospital, Hill AFB, Utah.

### **Military Service**

Commissioned: Second Lieutenant United States Air Force, June 1, 1968

Active duty: USAF Medical Service Corps (1970 - 1972) and Medical Corps (1972 - 1991).

Retired: Colonel USAF MC FS, June 30, 1991.

### **Educational Background:**

1964 - 1968 B.A. (Zoology), University of Massachusetts, Amherst, Massachusetts

1968 - 1972 M.D. University of Vermont College of Medicine, Burlington, Vermont

### **Post Graduate Education:**

1985 Primary Course in Aerospace Medicine, USAF School of Aerospace Medicine, Brooks AFB, San Antonio, Texas

1976 - 1978 Fellow in Medicine (Rheumatology), The Johns Hopkins University School of Medicine, Baltimore, MD

1973 - 1975 Residency (Medicine), Wilford Hall USAF Medical Center, San Antonio, Texas

1972 - 1973 Internship (Medicine), Wilford Hall USAF Medical Center, San Antonio, Texas

### **Print and Oral Scholarship:**

#### **Peer reviewed publications:**

1. Lakshminarayanan S, Maestrello SJ, Vazquez-Abad D, Waterman JR. Treatment of severe Raynaud's phenomenon and ischemic ulceration with tissue plasminogen activator. Clin Exp Rheumatology 1999; 17: 260.

2. Waterman JR, Winkelstein JA, Berzofsky RN, Hsu SH, Bias WB, Arnett FC. Early complement component depletion and mixed cryoglobulinemia in a "healthy" family. Arthritis Rheum 1979; 22:1006-1012.

**Invited Articles:**

Hardin JG, Waterman J. Rheumatic Diseases: Which diagnostic tests are useful? Patient Care 1999; 33:83-102. Written by Lucy Labson.

**Chapters:**

Waterman J, Ahmed A. Bursitis and tendonitis in Current Diagnosis, Conn RB, Borer WZ, Synder JW (eds). 1997; 9:1008-1997 WB Saunders Philadelphia, PA.

**Letters:**

Waterman J. Injection or aspiration safe during warfarin therapy. J Musculoskeletal Med 1999;16:328.

**Oral presentations:**

Waterman J. Shoulder Examination . 2017 Connecticut Chapter American College of Physicians Annual Meeting, Southington, CT.

Waterman J. Clinical overview in the treatment of rheumatic diseases: The road map to treating rheumatoid arthritis. 2002 Presented 1<sup>st</sup> Annual Biologics in Rheumatology Meeting, Santa Monica, CA. Presented to national audience of VA rheumatologists.

**Poster Presentations:**

1. Jain S, Waterman J. New Guidelines on Hydroxychloroquine Dosage - Where Are We? American College of Rheumatology Annual Scientific Meeting, San Diego, CA. Arthritis Rheumatol 2017, 69 (suppl 10)

2. V. Panthulu, J Waterman. Monitoring hepatitis B screening compliance in patients with rheumatoid arthritis (RA) receiving anti-TNF therapy. Presented American College of Rheumatology Annual Scientific Meeting, Washington, DC. Arthritis Rheumatol 2016; 68 (suppl 10)

3. Chandrasekaran D, Coffi S, Waterman J. Appropriate use of colchicine in patients with gout J. Annual European Congress of Rheumatology EULAR June 2013, Madrid Spain.

4. Pandit S, Waterman J, Corriea J, Safety of multiple musculoskeletal injections in patients taking warfarin or warfarin and aspirin. Presented World Congress on Osteoarthritis, Philadelphia, PA, April 2013.

5. Hasan S, Gorgona M, Abeles M, Waterman J: Efficacy of P<sup>32</sup> in the treatment of chronic recurrent knee effusions. Arthritis Rheum. American College of Rheumatology Annual Scientific Meeting, San Diego, CA 41 (suppl): S231. 1998

6. Gorgona M, Waterman J: Patients taking warfarin sodium are not at increased risk for hemorrhage following joint and soft tissue injections. American College of Rheumatology Annual Meeting San Diego, CA, Arthritis Rheum. 1998; 41 (suppl): S234.

7. Lakshminarayanan S, Waterman J, Parke A: B-cell lymphoma in patients with Sjogren's syndrome. American College of Rheumatology Annual Scientific Meeting, San Diego, CA Arthritis Rheum. 41 (suppl): S238, 1998.
8. Abeles M, Gorgona M, Lakshminarayanan S, Waterman J: Fibromyalgia and hypermobility: A reassessment. American College of Rheumatology Annual Scientific Meeting Washington, DC , Arthritis Rheum 40(suppl): S44 1997.
9. Abeles M, Waterman J, Maestrello, S: Tender point injections in fibromyalgia. American College of Rheumatology Annual Scientific Meeting, Arthritis Rheum Washington, DC, Arthritis Rheum 40 (suppl): S187, 1997.
10. Lakshminarayanan S, Padula SJ, Waterman JR: Predicting the clinical response to intraarticular corticosteroids in osteoarthritis of the knee via needle arthroscopic: Assessment of the presence of synovitis. American College of Rheumatology Annual Scientific Meeting, Washington, DC . Arthritis Rheum 40(suppl): S238, 1997.
11. Abeles M, Waterman J: Silicone and sicca. Evaluation of sicca complaints in breast implant patients October Sjogren's Syndrome Symposium, Avon, CT J. Rheumatol (suppl 50): 44 1997.
12. Lakshminarayanan S, Waterman JR, Parke AL: B-cell lymphoma in patients with Sjogren's syndrome. October Sjogren's Syndrome Symposium, Avon, CT J Rheumatol 24 (suppl 50): 48, 1997.
13. Abeles M, Waterman J: An evaluation of silicone breast implant patients for silicone associated disease.. American College of Rheumatology Annual Scientific Meeting, San Francisco, CA Arthritis Rheum 38 (suppl): R36 1995.
14. Abeles M, Waterman J: The relation of depression and symptoms in women with silicone breast implants.. American College of Rheumatology Annual Scientific Meeting, San Francisco, CA Arthritis Rheum 38(suppl): R36 1995.
15. Maestrello S, Waterman JR, Vasquez-Abad D, Rothfield NF: Tissue plasminogen activator (TPA) treatment of severe Raynaud's phenomenon and associated ischemic ulceration American College of Rheumatology Annual Scientific Meeting, San Francisco, CA . Arthritis Rheum 38(suppl): R38, 1995.
16. Abeles M, Maestrello S, Waterman J: A survey of rheumatologists use of tender point injections in fibromyalgia.. American College of Rheumatology Annual Scientific Meeting, San Francisco, CA Arthritis Rheum 38 (suppl): R40 1995.
17. Halco G, Urrows S, Affleck G, Waterman J: Serum prolactin levels and disease activity in rheumatoid arthritis. American College of Rheumatology Annual Scientific Meeting, San Francisco, CA Arthritis Rheum 38(suppl): S289, 1995.

18. Abeles M, Waterman J: An evaluation of silicone breast implant patients for silicone associated disease. Arthritis Rheum 1995; 38(suppl): S325. American College of Rheumatology Annual Scientific Meeting San Francisco, CA. Arthritis Rheum. 38(suppl): S336, 1995.

19. Maestrello S, Vazquez-Abad D, Waterman J: Tissue plasminogen activator (TPA) treatment of severe Raynaud's phenomenon and associated ischemic ulcerations. American College of Rheumatology Annual Scientific Meeting, San Francisco, CA. Arthritis Rheum 38(suppl): S336, 1995.

**Grants:** none

**Other Professional Accomplishments:**

2013 - present Member - Clinical Competency Committee, UConn Rheumatology Fellowship Program

2014 - present Member - Program Evaluation Committee, UConn Rheumatology Fellowship Program

2002-2010 Member - Board of Directors Capital Health Care Consortium

2002 - present Co -Chairperson Medication Management Committee -VA Connecticut Healthcare System

1999-2009 Manuscript reviewer Archives of Internal Medicine

1999-2000 University of Connecticut Health Center John Dempsey Hospital Medical Board

1999 -National Institutes of Health, National Institute of Arthritis and Musculoskeletal and Skin Diseases study section: Basic and Clinical Research on Fibromyalgia

1996-1999 Member - Clinical Governance Committee, University of Connecticut Health Center, subcommittee on compensation

1997-2000 Member- American College of Rheumatology Committee on Government Affairs

1987-1991 Member- Uniformed Services University of the Health Sciences admissions committee

1985-1991 Member- Advisory Council National Institute of Arthritis and Musculoskeletal and Skin Diseases (ex-officio)

1983-1985 Member- Advisory Council National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases (ex-officio)

1983-1991 Member- National Arthritis Advisory Board (ex-officio)

1983-1991 Consultant to the USAF Surgeon General for Rheumatology

### **Awards**

- 1972 Mosby Book Scholarship Award for Senior Excellence, University of Vermont College of Medicine
- 1976 Air Force Commendation Medal, Hill AFB, Utah
- 1982 Air Force Meritorious Service Medal, Wiesbaden Hospital, FDR
- 1985 Air Force Meritorious Service Medal, (First Oak Leaf Cluster), Andrews AFB
- 1987 Air Force Meritorious Service Medal, (Second Oak Leaf Cluster), Keesler AFB
- 1987 Uniformed Services University Commendable Service Medal, Bethesda MD
- 1991 Air Force Legion of Merit, Pentagon
- 2002 Certificate of Appreciation, Department of Veterans Affairs, Primary Care Executive Committee
- 2014 Certificate of Recognition, Rheumatology Fellowship Training Program " Excellence in Clinical and Academic Mentorship of Fellows and MSK Ultrasound Teaching"
- 2017 Certificate of Appreciation, University of Connecticut School of Medicine "In recognition of the excellent teaching contributions to the Student Continuity Practice Program Academic Year 2016-2017"

### **Societies**

- American College of Physicians (Fellow)
- American College of Rheumatology (Fellow)
- Society of Air Force Physicians; Board of Governors (1981-1984); Treasurer (1982-1985)