

To Whom It May Concern:

This letter serves as recognition and the proud support of Veterans' Rowing and Kayaking.

Imagine if you could no longer walk without a cane or a walker and then you were able to set a world water rowing record ... Wow. That's the life changing experience Veterans' Rowing and Kayaking affords our "Greatest Generation."

Participating Organization Overview:

Atria Senior Living in Darien, Connecticut is a community within the national and Canadian Atria Senior Living portfolio operating more than 190 communities in 28 states and seven Canadian provinces. We have been a partner with Veterans' Rowing and Kayaking since February 2016.

Program Progression:

Since February 2016, each week President Paul Stephen Varszegi along with two coaches come to "Atria Darien" to encourage, coach, and train senior residents towards participating and competing in outdoor and indoor water rowing events. In September, after seeing the positive impact the rowing program had on residents, Atria Rye Brook signed on to host the program. Atria Poughkeepsie is on-line to begin in April. Due to the extraordinary improvement to quality of life the VR&K program has on senior residents, we are currently in conversations to expand the program to our Long Island, Massachusetts, Pennsylvania and Rhode Island communities.

Program Benefit:

I urge you to take a few moments to view the Atria Senior Living home page link: <https://www.atriaseniorliving.com/active-aging/setting-goals-records-meet-atRIA-dariens-rowing-team/> this will provide you with opportunity to see for yourself the positive impact the Veterans' Rowing and Kayaking program affords our seniors. The VR&K program allows seniors to improve balance, flexibility, and strength, but more importantly it provides them the opportunity to do something they have never done before. This gives them self-confidence and pride like nothing else can. It extends their life with a high quality of life.

Closing:

This life changing program is possible only through the efforts of Veterans' Rowing and Kayaking. The cost of equipment, staffing, insurance, along with the outside rowing club expenses are impossible for a senior living community to absorb. In a world where typically seniors are not afforded the respect their age should provide - especially our veterans, your funding will allow seniors across the country to walk further, stand taller, and be proud of the life they lead.

With respect for your kind consideration,



ATRIA DARIEN