



Douglas S. Reid
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To Board of Directors:

There are so many things right on the top of my head that describe my experience with the Veterans' Rowing and Kayaking:

- It helps with my reflexes and coordination
- It helps with my weight
- Meeting new friends and catching up with old ones
- Having something to look forward to going every week
- The comradery of the team and volunteers
- The serenity of training

But more importantly, the Veterans Rowing and Kayaking has provided me with not only the opportunity to try something new but I am sure I can speak for more than just myself when I say that being vision impaired it can make you afraid and self-conscious. This has given me the confidence to go out and try something that I never thought I could do before. It has also brought about a rejuvenated sense of competition and usefulness that's been missing in my life.

Thank you all so much for the opportunity to better my life and those on my team.

A special "Thank you" to Tony Vartuli for taking the time to drive us to and from our excursions and to Paul Varszegi for changing my life when he came to our VA Support group meeting last spring!!

Thank you.

A handwritten signature in cursive script that reads 'Douglas S. Reid'.

Douglas S. Reid